



Kirkcaldy Heights School

*"Awaken your **courage**, reach new Heights"*

Telephone (204) 729-3291

Attendance Phone (204) 729-3290

Jaime Lombaert – Principal

Nicole Koroluk – Vice-Principal

October 2018

Dates to Remember:

October 1 - 5	Kodiak Kickoff Spirit Week
October 1	Grade 7 & 8 Volleyball Season Starts
October 2	Grade 7 & 8 Golf Jamboree - PM only at Sunnyside Golf Course
October 5	Grade 4 Soccer Jamboree - PM only
October 8	Thanksgiving Day - All Schools Closed
October 11	Gr. 8 Celebrity Fire Olympics - 10:20 am
October 11	"Welcome Back to School" Family Pizza Party - 4:30 pm - 7:00 pm
October 12	Deadline for Maritime enrollment
October 19	Professional Development Day - NO SCHOOL
October 26 & 27	Mid-Season 7 & 8 Volleyball Jamboree
October 30	We Day
November 9	School Remembrance Day Service
November 16	Parent Teacher Conferences - NO SCHOOL
Nov. 23 & 24	Season End Grade 7 & 8 Volleyball Jamboree
November 30	Professional Development Day - NO SCHOOL

School Times for Grades K - 8

First bell is at **8:45 a.m.** and classes commence at **8:50 a.m.** Only students who are in the Y program and/or bus students can arrive early. All other students who arrive early will be asked to go outside. Direct supervision is only available for the Y program students & bus students so for the safety of our students please respect our start times.

At noon hour direct supervision is provided for bus students and students registered for the lunch program. All other students are requested not to return **before 12:30 p.m.** Classes begin at **12:35 p.m.** Students who are arriving earlier and do not fall into the above categories may be requested to wait at the office until **12:35 p.m.**

Lunch students who choose to leave the school at lunch time may not come back into the school grounds until 12:30 p.m.

If you have any questions, please give us a call at 204-729-3290.

School Board Elections October 24, 2018

The time is rapidly approaching for voters to decide who will shape and direct local education for the next four years. School board elections will take place Wednesday, October 24th, 2018. The advanced poll takes place Wednesday, October 10th and Thursday, October 18th, 2018, and Saturday, October 20, 2018 in the main foyer at City Hall.

Parents appreciate more than any other group the importance of voting in School Board elections because of the role Boards play in deciding how education is delivered locally, including the operation of schools. School Board policies and decisions also have a tremendous impact on the local community, whether residents have children in school or not. That's why it's important to hear the voice of not only parents, but all members of the local community at the ballot box. Your assistance in encouraging friends and neighbours to make *their* voices heard on October 24th is appreciated.

Polls are open from 8:00 a.m. to 8:00 p.m. Anyone wanting information about polling locations can call Melanie Powers, local Senior Election Official, at (204) 729-2236 or the School Division office at 729-3100.

All You Need to Know About Volunteering at BSD

What you need ...

- ◆ Obtain a certified Criminal Record Check including a Vulnerable Persons Check.
- ◆ Obtain a certified Child Abuse Registry

If you are wanting to volunteer please make sure you have your Criminal Record and Child Abuse Registry check completed. Forms may be picked up at the School Office. Please note the Child Abuse Registry may take 4 - 6 weeks.

Just a reminder that we **cannot** have any nuts/tree nuts in our school. Please make sure when making lunches or sending snacks, that there are no nuts; that your snack is made in a nut free factory; and your snack does not say 'may contain traces of nuts'.



"Welcome Back to School" Family Pizza Party

PAC Presents the 3rd Annual "Welcome Back to School" Family Pizza Party!

October 11th - 4:30 pm - 7:00 pm
Kirkcaldy Heights School Yard
(gym if poor weather).

Lost and Found

In our school we have a large black wooden box that is our Lost and Found. We ask that students check routinely for items they may be missing. Please be sure that student items (clothing, shoes, water bottles, etc.) are marked with their name or initials.

News from the Canteen

The Canteen will be serving:
Hot Dogs on Mondays - \$1.25 each
&
Cheeseburgers from McDonalds on Wednesdays
for **\$2.00** per order
during the month of **October**

Fire Chief for a Day Wednesday, October 10th, 2018

Fire Prevention Week is set for October 7th - 13th, 2018. This year's theme is "**Look. Listen. Learn. Be aware - fire can happen anywhere.**"

Grade 4 students completed a Fire Chief for a Day Entry form and Cale Medland is our Fire Chief for the day on Wednesday, October 10th, and will receive a free lunch at McDonald's, prizes, and spend the rest of the day touring the Brandon Fire and Emergency Services #1 Fire Hall and The Emergency Services College.



News from the Gym

Volleyball will be starting this month. All those boys and girls in Grade 7 and 8 interested in playing should be checking the gym schedule weekly to see when practices are scheduled. Jamboree dates have been set for October 26th and 27th and November 23rd and 24th. Girls games are typically Mondays or Wednesdays, with boys games on Tuesdays or Thursdays. Practices will run in the mornings or at noon hour. If you have conflicts on the days that Volleyball is scheduled then please check with Mr. Curtis to see whether Volleyball will work for you or not. If any parents are interested in helping coach Volleyball or any other sport offered after school hours, please contact Mr. Curtis. All help will be accepted!

Grade 4 Soccer Jamboree is Friday, October 5th. Students have been doing soccer skills and drills in PE class and are looking forward to having an afternoon of fun! Teams will be made and posted the first week of October. Waiver forms will be due the first week of October.

News from Kirkcaldy Gardens

Last Spring, Kirkcaldy had the good fortune of having 4 raised garden beds built in the school grounds. Home Depot was generous enough to donate and build these gardens for us! The grade 7's planted vegetables and flowers. They also looked after the gardens during the school year. During the summer the gardens were tended to by a combination of people. A big thank you to the Stewart family for their generous help in caring for the gardens!

A group of grade 7's and other middle years students have been harvesting vegetables throughout the new school year. In September the gardens supplied enough celery and cucumbers to provide veggie snacks for 6 classrooms! Baby tomatoes were also shared among students. The remaining tomatoes, squash, and zucchini will be used by the grade 7 classes to learn to cook a new recipe!

Please keep in mind that next June, I will be calling for volunteers to help with the gardens in the Summer months!

Miss Lee
Grade 7 Kirkcaldy Heights

Tools For Schools



Volunteers with the United Way Brandon and District delivered school supplies for Tools For Schools. Thank you to the United Way volunteers and to our community members for donating these supplies!

Coats For Kids

COATS FOR KIDS will be in operation again this fall. It is a program sponsored by a number of Brandon organizations, whereby winter coats are collected, cleaned, and distributed to those in need of warm winter outerwear.

For more information or to receive a certificate for your family to obtain warm outerwear, please contact Ms. Desjardins at 204-729-3290.

Please remember to take your certificate to this program to receive your warm outerwear.

Special thank-you to Laura McGorman and Kathy Carter-Squire for Volunteering with the Fall Bus Evacuation Drills! Your time assisting our students was greatly appreciated!

The staff at Kirkcaldy Heights School would like to thank all parents who call the school when their child(ren) are going to be absent. It is Kirkcaldy Heights policy to locate, by whatever means, the whereabouts of absent students; therefore current home and work numbers are essential. Please update with the office when they change. Thank you! Please call 204-729-3290.



Student Safety Concerns ...

Parents, guardians and visitors to our school please respect the No Stopping Zones - the City of Brandon and the Brandon School Division have designated bus loading zones in front of the school.

Please note that the parking lot is not a drop off zone. Please encourage your child(ren) to walk to and from school. If you must park please use the Sportsplex parking lot.

The Staff parking lot is a busy area and with parking on either side of the lot it can be very difficult for drivers to see young children walking to / from their parents vehicles. **Do not park in the staff parking lot. All parking stalls are reserved for staff.**

Violations are recorded on camera and licenses are sent to police, which could result in a fine of over \$600, for driving by the bus when the stop arm is out.

Thank-you for your cooperation!

Halloween Safety Tips

- Pick your trick-or-treat route ahead of time. Pick streets that are well lit and have neighbors that you know.
- Take a parent, or an older sister or brother with you when you go trick-or-treating. If someone older cannot go with you, then go with a group.
- Trick-or-treat when it is still light outside, if possible.
- Wear a costume that makes it easy for your walk and can be seen after dark.
- Carry a flashlight and use reflective tape on your costumes so that people driving cars can see you.
- If you wear a mask, take it off before crossing the streets. If possible, wear make-up instead of a mask.
- Cross only at corners. Never cross the street between parked cars or in the middle of a busy block.
- If there are no sidewalks, walk facing oncoming traffic to make sure you can see the cars.
- Do not eat your candy until you get home and an adult can check it over to make sure it is safe.

Kodiak Kickoff Spirit Week

Mon., Oct. 1st: PJ Day
Tues., Oct. 2nd: Sports & Kodiak Athletic Day
Wed., Oct. 3rd: 60s, 70s and 80s Day
Thurs., Oct. 4th: Character Day and Door Decorating Judging
Fri., Oct. 5th: Crazy Combo Day

Theme for the Door Decorating is Kodiak Spirit!!!



Allergy Safe Snack List Ideas

- Fresh, canned, frozen and dried fruit
- V8 SPLASH, vegetable and fruit juices
- Kool-Aid, Gatorade, Powerade
- Milk, Soy Milk, Rice Milk (NO Milkshake drinks)
- Vegetable Sticks
- SUNRYPE Fruit to Go, Fruit to Go Energy Bars, Fruit & Veggie bars
- Yogurt cups and tubes
- Cheese
- Sandwich meats, ham, bologna, wieners, garlic sausage
- Pickles
- QUAKER Mini rice chips and rice cakes
- KRAFT JELL-O Delicious Duos pudding snacks
- MAGIC MOMENTS Old Fashioned Rice Pudding and Tapioca
- CHRISTIES CRACKERS - Triscuits, Wheat Thins, Sociables, Swiss Cheese
- RITZ - regular and cheese only (NO sandwich variety, NO Ritz Bits, NO Snack Mix)
- CRISPERS - All Dressed and Ranch, Toppables, Premium Plus crackers & whole wheat
- SNACKWELL Potato Thins - Sour Cream and Onion, All Dressed and BBQ
- CHRISTIES - Honey Graham Wafers, Teddy Grahams (Chocolate and honey)
- Bamum's Animal Crackers, Dinobites, Arrowroot cookies, Fig Newton's, Oreo regular, double stuff and chocolate creme (NO Mini Oreos), Fudgee-0 and double stuff
- SNACKWELLS Creme Sandwich white
- SUPERSTORE - Yellow Box NN Animal Crackers, Ritz style crackers, low fat pretzels
- Air popped popcorn
- Cereals - QUAKER Life, Corn Bran, Oat Squares, Oat Bran, Puffed Rice, Puffed Wheat, Cap'n Crunch, Quaker Spuds
- KELLOGG'S Mini Wheat's Original, Honey & Brown Sugar varieties, Apple Jacks, Corn Pops, Froot Loops, Crispex
- POST'S Alphabits. Marshmallow Alphabits, Honeycombs, Shreddies regular
- GENERAL MILLS Cinnamon Toast Crunch, Lucky Charms, Golden Grahams
- KELLOGG'S NutriGrain bars, Bakes Muesli bars, Poptarts, Poptart Stix, Poptart Danish
- JELL-O refrigerated pudding cups and cheesecake cups
- BETTY CROCKER fruit roll-ups, Fruit by the Foot, Fruit Snacks, Fruit Gushers
- HAWKINS Cheezies
- NESTLE Chocolate Bars - Aero, Mirage, Kit Kat, Coffee Crisp, Smarties (NO M & M's)
- TREBOR ALLAN Candy Berries, Fuzzy Peach, Gummies, Cherry Blasters, Sourpatch Kids
- LAYS chips
- SUN chips
- Jolly Rancher and Mr. Freeze freezies



Avoid all products containing peanuts, nuts, nut or coconut oil and displaying a peanut, nut warning. NO bulk food bin items or bakery items- cross contamination reasons. No lotions containing nut extracts or oils. Please check ingredient labels every time on every package. Ingredients can change.

October 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	1 Gr. 7 & 8 Volleyball Season Starts Day 5	2 Gr. 7 & 8 Golf Jamboree - PM - Sunnyside GC Day 6	3 Day 1	4 Day 2	5 Gr. 4 Soccer Jamboree - PM only Day 3	6
7	8 Thanksgiving All Schools Closed	9 Day 4	10 Day 5	11 PAC Family Pizza Party - 4:30 - 7:00 Day 6	12 Deadline for Maritimes Enrollment	13
14	15 Day 2	16 Day 3	17 Day 4	18 Day 5	19 Professional Development Day (K-12) - No School	20
21	22 Day 6	23 Day 1	24 Day 2	25 Day 3	26 Day 4	27 Mid-Season 7 & 8 Volleyball Jamboree
28	29 Day 5	30 WE DAY Day 6	31 Day 1			